

2- vkjkX; o jkx

i'u 1- [kk^{hy} fn?kkRrjh i'ukph mRrj fygk-

1½ lyx (plague) gk jx dk.kR;k t hok.keG gkrk r lxu R;kph y{k.k
o R;k jxkojhy ifrc/kkRed mik; fygk-

mRrj % 1½ lyx gk vktkj ;flfu;k iLVhI ukokP;k t hok.keG gkrk- gk
t hok.k Rattu Rattus ukokP;k mnjkojhy fi l okeG gkrk-

lyx ;k jkxp rhu idkj iMrkr.

1½ C;ckfud lyx (Bubonic Plague)

2½ IVh Iehd lyx (Septicemic Plague)

3½ U; ekfud lyx (Pneumonic Plague)

y{k.k&1½ Mkd n[kh] vxn[kh] eGeG.k] myV;k] l/;kuk [kkdk ;.k-
dk[kr] ekurhy yfldki'khuk l t ;.k o xkB r;kj gk.k-

2½ 38°C r 40°C i; rpk rki ; .k-

3½ QTTQ l kpk nkg gk.k] jDrke/; l lx gk.k-

ifrc/kkRed mi k; & 1½ vk t kj gkÅ u; Eg.ku lyxph y l fnyh tkr.

2½ mipkjr ifrtfod fdok lYQk Mx fnyh tkrkr.

2½ U;ekfu;k (Pneumonia) gk vk tkj dk.kR;k t.hok.keG gkrk r lxk o R;kph y{k.k vkf.k mik; fygk-

mRrj % U;ekfu;k gk vktkj Mk;lykdkd I U;ekuh fdok LVIVkdkd I
U;ekuh ;k thok.keG gkrk-

i l k j & goru i l k j gkrk-

y{k.k & 1½ QTTQ lkr ik.kh lkp.k-

2½ Nkrhru ?kj?kj vkok t ;.k] Nkrh n[k.k-

3½ FkMh o 40°C i; rpk rki ;rk.

4½ 'ok I ?k.; k I k B h = k I g k . k - o F k d h r u d / k h d / k h j D r i M . k - b R ; k n h

mik; & vk"l/kkipkjr ifrtfod fnyh tkrkr] U;ekfu;koj yI miyC/k
ukgh-

fo"kk.keG U;ekfu;k gk jkx >Y;k l R;k l l k l v l Eg.krkr- dkg h
0;Drhuk U;ekfu;k >Y;k l R;kP;k nkUgh Q¶¶Q l koj ifj.kke >Y;k l
R;k l Mcy@ngjh U;ekfu;k v l Eg.krkr-

**3½ /kuokr (Tetanus)gk vktkj dk.kR;k thok.keG gkrk\ R;k vktkjkohy
y{k.k o ifrc/kkRed mik; fygl**

mRrj % /kuokr gk vktkj DykfLVfMve fVVuh ukokP;k thok.keG gkrk-
gk prk l LFpk vktkj vkg-

y{k.k & 1½ t [kek l M.k 2½ Mkd n[k.k] Fkdok ;.k- 3½ vUu fxG.;k l
=k l gk.k] 'kjhjk l >Vd ;.k] nkr[khG cl.k o c'k/n gk.k-

ifrc/kkRed mik; &1½ vktkj gkÅ u; Eg.ku DPT ph yl fnyh tkr-

DPT (Diphtheria, Tetanus and Pertussis)

**2) TDAP yl % gh yl ?kV l i] Mx;k [kkdyk vkf.k /kuokr ;koj
okijyh tkr-½**

3½ ifrtfod fnyh tkrkr o ifrfo" k fny tkr-

**4½ d"Bjx (Leprosy) gk jkx dk.kR;k jkx treG gkrk \ R;kph y{k.k o
R;kojhy ifrc/kkRed mik; fygl**

mRrj % d"Bjx(leprosy) :-gk vktkj ek;dkcDVfjve yih ;k jkx treG
gkrk-

y{k.k % & 1½ gk vktkj Ropk o prki'khuk iHkkfor djrk-

2½ jkX;kP;k 'kjhjkr vl.kkj jkxtr 'kjhjkP;k L=kokru fdok jkX;k'kh
l id >kyk vlrk diM] HkkMh fdok ,dkp txxr jkgr v l Y;k l goru
l Øfer gkrk-

3½ ;k vktkjk eG Ropoj lonukghu pVV r;kj gkrkr-

4½ Ropk tkM gkÅu Ropoj NkV;k xkBh ;rkr-

**5½ d"Bjxkpk jkxtr vR;r gGokji.k ituu djrk- nku vkBoM;kru
,dnk i'kh foHkk tu gkr R;keG vktkj mRiUu gk.;k l o R;kph y{k.k
fn l.;k l 2 r 10 o" k ykx 'kdrkr-**

**ifrc/kkRed mik; &1½ gk vktkj gkÅ u; Eg.ku BCG ph yl fnyh
tkr] Mk; vfeuk&Mk; fQukby LyQku (DDS)] M l l ku&fjQ f e i l hu]
bFkk;ukek;bm ;kpk okij dyk tkrk-**

2½ vk;ofnd mipkjr pkyexk ukokp dMdoBkiklu r;kj dyy ry okijy tkr-

5½ cM ¶Y; vkf.k Lokbu ¶Y; g vktkj dk.kR;k fo"kk.keG gkrkr\ R;kph y{k.k o R;kojhy ifrc/kkRed mipkj i/nrh fygk-

mRrj % bu¶y,U>k gk vktkj vkfFkfeDlk Ogk;jleG gkrk- gk RNA Virus vkg-

1½ cM ¶Y; % (Avian Flu/ Bird Flu) ;k H₅ N₁ ;k ukoku fdok bu¶y; ,U>k Vkbi Au vkg[kyk tkrk-

mipkj % cM ¶Y;oj Veh ¶Y; ;k ukokp vk"kk/fny tkr-

2½ Lokbu ¶Y; (H₁ N₁) gk vktkj H₁ N₁ fo"kk.k] gk Influenza A fo"kk.keG gkrk-

cM ¶Y; o Lokbu ¶Y; ph y{k.k-

1½ rki] FkMh] Irr okg.kkj ukd] ?k lk n[k.k] Luk;e/; onuk gk.k-

2½ Mkdn[kh] [kkdyk] v'kDri.kk vkf.k vLoLFki.kk tk.kork-

3½ d/kh& d/kh eGeG vkf.k myV;k gkrkr-

ifrc/kkRed mipkj &1½vfe¶y yI fdok fjyU>k ;k vk"kk/kkpk okij dyk tkrk- 2½bu¶yU>k gk goru ilj.kkj vktkj vkg o ;k lkBh Vg;OgyUV bu¶yU>k ofDlu pk okij dyk tkrk-

6½ ikfyvk gk vktkj dk.kR;k fo"kk.keG gkrkr\ R;kph y{k.k o ifrc/kkRed mik; fygk\

mRrj % ikfyvk gk vktkj ikfyvk Ogk;jI fdok ,Vjk fo"kk.k eG gkrk-

y{k.k &1½ ;k fo"kk.kpk ifj.kke QDr ekuokojp gkrk-

2½ rki] Fkdok] myV;k] Mkdn[kh] ekupk rkBi.kk ;k onuk tk.korkr-

3½ e/;orh prkILFkoj ifj.kke gkÅu eykuk dk;ep vixRo ;r-

4½ Luk; dedor gkrkr] yG gkrkr] lkeU;r% 5 o"kkP;k vkrhy ckydkI ikfyvk gkrk-

ifrc/kkRed mipkj %& ifrc/kkRed yI Eg.ku ikfyvk yI okijrkr-

1½ OPV (Oral Polio Vaccine) Sabin % lfcu½

2½ lKYd (Salk)

5 o"kkP;k vrhy ckydkl o"kkru nkunk ;kiek.k OPV yI fnyh tkr R;k l Booster dose Eg.krkr] rj lYd gh IV}kj fnyh tk.kkjh yI vlu rh ,dnkp fnyh tkr-

7% ddjxk Eg.kt dk;l vcnkp idkj] ddjxkph dkj.k] R;kph mipkj i/nrh fygk-

mRrj %i'khP;k vfu;f=r foHkk tukru 'kjhjkP;k dk.kR;kgh Hkkxkr vuko';d i'khP;k xkBh fdok leg r;kj gk.k Eg.ktp ddjxk gk;-

vcnkp idkj %& (Types of Tumour)

1% lE; vcn % ;k vcnkp ifj.kke 'kjhjkrhy brj vo;okoj gkr ukgh-

2% nnE; vcn % ;k vcnkp ifj.kke vrxr vo;okP;k dk;koj gkrk Eg.ku ddjxkP;k fLFkrhyk nnE;rk vlgh Eg.krkr-

ddjxkph dkj.k %&1% {k fdj.k] ikj.k] fdj.kkR l kj jlk;kfud inkFk& vl fud] cjhfye] dkckYV fudy] dMfeve] Økfeve] vLcLVk l] cf>u ;k l;xkPkk ifj.kke DNA j.krhy Xokfuu ;k u=j.koj gkrk-

3% rck[k] iVky] Mkcj] flxjV&foMhe/khy fudkVhu b- loukeG ddjxk gkrk-

4% vuof'kdrk] vYdkgy] vl cLVk l] fudy] dMfeve] ;jfuve] cf>u] jMku] cf>Mhu b- jlk;ukeG ddjxk gkrk-

mipkj %&1% 'kL=fØ;k] jlk;ukpk vk"kk/kkipkj@fdekFkji h

2% ikj.kkpk okij@jfMvk Fkji h

3% idk'kfdj.kkpk okij] fo|r/kkjp okij %byDVkFkji h%

rik.l.kh %& ck;klhp okij dyk tkrk-

8% vkiY;k vkgkje/; thoul RokP;k vHkkokeG dk.kr jkx gkrkr \

mRrj % 1% v(A jVhuky%& ;k thoul RokP;k vHkkokeG 'k"dkf'kikd o jkrk/kGi.kk g vktkj gkrkr-

2% ch₁ (B₁&Fkk;ehu Thaimine)-;k thoul RokP;k vHkkokeG cjhcjh vktkj gkrk-

3% ch₂ (B₂jk;ck¶yfou thoul Ro%& ;k thoul RokP;k vHkkokeG rkM ;.k- rkMkr t[kek gk.k] Ropyk fpjk iM.k] dl xG.k-

4% CH_3 (B_3 uk;flu%&;k thoulRokP;k vHkkokeG iy lxk gk vt tkj gkrk-

5% CH_5 (B_5 -Pantothenic Acid)&;k thoulRokP;k vHkkokeG gk.kkj vt tkj lkekU;r% ekuokr fnlu ;r ukghr-

6% CH_6 (B_6 ik;jhMkDIhu%&;k thoulRokP;k vHkkokeG vfufe;k gkrk-

7% CH_7 (B_7 ck;kVhu%&;k thoulRokP;k vHkkokeG dl xG.k] Ropyk Hkxk iM.k] l t ;.k- b-

8% CH_9 (B_9 Qfyd vfIM%&;k thoulRokP;k vHkkokeG exykCykfLVd vfufe;k gkrk-

9% CH_{12} (B_{12} lk;ukdkckyehu% & ;k thoulRokP;k vHkkokeG jDr{k; gkrk-

10% d (CvLdkjfd vfIM% & ;k thoulRokP;k vHkkokeG Ldoh gkrk-

11% M (D) thoulRo P;k vHkkokeG gk.kkj vt tkj & 1%ygku eykuk& eMnl 2% ekB;kr & vkfLVvkeykfIvk o vkfLVvki jkIhI

12% b (E VdkQjky% &;k thoulRokP;k vHkkokeG ok>i.kk gk vt tkj gkrk-

13% d (KQk;ykDohuku%& ;k thoulRokP;k vHkkokeG jDrL=ko gk vt tkj gkrk o rk e[;r% ygku eykr fnlu ;rk-

9% vk iY ;k vkgjke/; [kfut kP ;k vHkkokeG dk.kr vt tkj gkrkr\

mRrj %v%dfY'kveP;k vHkkokeG gk.kkj jkx&1%gkMkph o nkrkph ok< ;kX; gkr ukgh vflFkenrk] vflFk'k"drk o ygku eykr eMnl gkrk-

2% jDr xkBfo.;kph fØ;k enkor-

c% QkLQj l (p) &1% gkMp;k o nkrkP;k vkjX;kr fc?kkM gkrk-

d% vk;kMhu(I) &ekufld o 'kkjhfd fodykxr] xyxM

M% ykg(Fe)&1% jDr{k;

b% rkc(Cu)&'orjDrdf.kdkph l[;k deh gkr R;k l ydifu;k Eg.krkr] rlp prk lLFkp vt tkj tMrkr-

b% l kfM;e (Na)&Luk; v'kDr gkrkr] ijfyfll gkrk o ân;kP;k dk;kr fc?kkM fnlu ;rk-

m% ikVf'kve (K) & Luk; v'kDr gkrkr-

10% vkIY;k vkgjke/; [kfutkP;k vf/kD;keG dk.kr vktkj gkrkr

v½ dfY'kve &1½ fdMuh LVku o gk; ijDykfI ;fj;k

c½ QkLQjI (p) &1½ gkM fB I G gkrkr-

d½ vk;kMhu (I) &1½ gk; ij Fkk;jkbMh>e-

M½ rkc (Cu)&1½ foYIUI vktkj

b½ ikVf'kve (K) &1½ Mh gk;M'ku gkr-

11% dkt.;k ;k jkxkph dkj.k] y{k.k o mik; Ixk

mRrj % 1½ dkt.;k (Chickenpox) gk vktkj IØfer gk.kkjk vkg- 2½ 0gfjIyk & >kLVj ;k fo"kk.keG gkrk-

y{k.k %& 1½ e[;r% ygku eykuk gk.kkjk vktkj vkg 2½ Ropoj ykylj ijG ;.k]t[kek gkrkr- 3½rki] Mkdn[kh vl.k] f'kd] gok] [kkdyk fdok Ropoj ijGh'kh lid ;kru gk vktkj IØfer gkrk-

mik; %& 1½ rki deh dj.;kIkBh ijklVekypk okij dyk tkrk- 2½ dkt.;koj fof'k"V yl ukgh ijr ,dnk gkÅu xY;koj iUgk gkr ukgh-

i'u- 2½ fVi k fygk-

1½ iYI ikfyvk vfHk;ku %&

mRrj % Hkkjrkr ^iYI ikfyvk* vfHk;kukI 1994 Ikyh I#okr >kyh tkxfrd vkjX; I?kVuu HkkjrklkBh Ichu gh yl Ipoyh vkg- R;kulj Hkkjrkr iYI ikfyvk ylhj.k dk;Øerxr b- I- 1995&96 iklu 5 o"kkP;k vkry lo ckyduk o"kkru 2 oGI gh yl fnyh tkr- R;kykp Booster Dose Eg.kugh vkG[krkr] ;kr ncy ftor fo"kk.k vlrrk-

IkYd gh IV }kj fnyh tk.kkjh yl vlu rh ,dnkp fnyh tkr] ;kr er fo"kk.k vlrrk- Hkkjrkr 13 tkuokjh 2011 jkth if'pe cxky vkf.k xtjkr e/; 'koVPkk ikfyvk #X.k vk<Gyk ijr R;kurj Hkkjrke/; ikfyvkpk ,dgh #X.k vk<Gyyk ukgh- R;keG tkxfrd vkjX; I?kVuu 27 ekp 2014 jkth Hkkjrkyk ikfyvkeDr ?kkf"kr dy vkg-

2% dik".k (Malnutrition) -

mRrj %vkgjkrhy ik"kdno;ke/; derjrk vIY;kI fo"k"kr% dcknd ifFku vkf.k en ;keG fuek.k gk.kkjh jkxdkj d fLFkrh Eg.kt dik".k gk;-

ifFkukP;k derjreG nku jkxdkj d fLFkrh vk<Grkr-

1½ I dVh- fg fLFkrh ,d o"kkP;k vkrrhy eyke/; vk<Gr- ;ke/; Rop[**kkyyhy** Luk;pk ÚgkI gkrk R;keG QDr IxkMk fnI ykxr- ;k fLFkrhe/; ekufld rlp 'kkfjfd fodkIkp nkj enkork-

2½ I toVh- fg fLFkrh 1 r 3 o"k o;kxVkrhy eyke/; ifFkukP;k xHkhj derjreG fuek.k gkr- ;ke/; MkG ckgj vkY;kI kj[k okVrkr o ikVkp vkdkj ok<rk- ik;rrhy gkM okdMh gkrkr rlp 'kkfjjhd o ekufld ok<enkor-

**3½ WHO Eg.k t dk; \ R;kph LFkkiuk d0gk o dkB >kyh **
mRrj % WHO Eg.k t (World Health Organization) tkxfrd vkjkX; I?kVuk ;k I?kVuph LFkkiuk 7 ,fiy 1948 e/; ftflgok ;Fk >kyh-

i'u 3½ ,dk okD;kr mRrj fygk-

**1½ DOTs Eg.k t dk; **
mRrj % Directly Observed Treatment Short Term course %Mk;jdVyh vkC IogM VhVeV 'kkV Ve dk I½ {k;jxkIkBh gk mipkj n.;kr ;rk-

**2½ e/keg ;k fodkjr dk.kR;k i'khp uk'k gkrk **

mRrj % e/keg ;k fodkjr chV ;k i'khp uk'k gkrk-

**3½ ecbe/; MX;ph IkFk dk.kR;k fo"kk.keG iIjyh gkrh **

mRrj % ecbe/; MX;ph IkFk Mu &3 ;k fo"kk.keG iIjyh gkrh-

4½ vUekxkp ddjx d'kkeG gkrk

mRrj % pkFkk;Dr vUinkFkkp Eg.k tp QG o ikyHkkT;kpk jktP;k vkgkjr Ieko'k uIY;keG vUekxkp ddjx gkrk-

**5½ ,MI Ic/kh dk; dj.kkÚ;k ILFk dk.kR;k **

mRrj % 1½u'kuy ,MI dVky ikxke 2½;- ,u- ,MI ;k ,MI Ic/kh dk; dj.kkÚ;k ILFk vkgr-

**6½ IoJ"B nku dk.kr vkgr **

mRrj % jDrnku vkf.k u=nku gh IoJ"B nku vkgr-

7½ jch t ;k jxkp fo"kk.k d'kkidkj enr io'k djrkr

mRrj % jch t ;k jxkp fo"kk.k eTtkrrokV enr io'k djrkr-

8½ LoknfiMkp dk; fygk-

mRrj %LoknfiMke/ku L=oyY;k LoknfiMjIkeG vUukP;k ipukI enr gkr vkf.k R;krhY bUlfyu ;k n0;keG jDrkrhy Ik[kjp iek.k fu;f=r Boy tkr-

9% ddjx 'kjhjkrhy dk.kdk.kR;k ÅrhI gkÅ 'kdrk \

mRrj % ddjx 'kjhjkrhy Q¶QI] rKM] tHk] tBj] Lru] xHkk'k;] Ropk fdok jDr ;kuk gkÅ 'kdrk-

10% dk.krk fnoI tkxfrd jcht fnu Eg.ku ikG.;kr ;rk \

mRrj % 28 lIvcj gk fnoI tkxfrd jcht fnu Eg.ku ikG.;kr ;rk-

i'u- 4½ IR; fd vIR; r fygk-

1½ jcht gk lIxtU; jkx vkg-

mRrj % vIR; ¼jcht gk fo"kk.ktU; jkx vkg-½

2½ 14 uk0gcj gk tkxfrd e/keg fnu Eg.ku lktjk djrr-

mRrj % IR;

3% vufQyhI idkJP;k MkIkekQr MX; gk lIxtU; jkx iljrk-

mRrj % vIR; ¼,fMI bftlrh idkJP;k MkIkekQr MX; gk lIxtU; jkx iljrk-½

4½ Hkkjrr e/kegkp iek.k tkxfrd ikrGhoj lokr deh vkg-

mRrj%vIR; ¼Hkkjrr e/kegkp iek.k tkxfrd ikrGhoj lokr tkLr vkg-½

i'u 5½ ;kX; tkM;k yok-

v- xV	c-xV
1½ ,ufI QfyfVI	v½ gkMkp Ik/k
2½ lyfjI h	c½ nkr&fgjM;k
3½ #efVt e	d½ en
4½ ik;kfj;k	M½ ik;
5½ xxfju ¼dkFk½	b½ Nkrh

mRrj &1½ ,uf l QfyfVl	→	en
2½ lyfj l h	→	Nkrh
3½ #efV t e	→	gkMkp l k/k
4½ ik ;kfj ;k	→	nkr&fgjM;k
5½ xxfju ¼dkFk½	→	ik;

i'u 6½ fjdkE;k tkxh ;kX; 'kCn fygk-

1½-----;k jkxke/; fxG.;kph fØ;k dj.k dBh.k gkr-

mRrj % jcht

2½ [k#t gk jkx -----g;k cká ijt hokeG gkrk-

mRrj % lkjdkfIVl Ldch

3½ ekp 2009 e/;-----;k n'kkr Lokbu fty ;k vktkjph ck/kk >kyh-

mRrj % efD l dk

4½ ORS Eg.k t -----

mRrj % Oral Rehydration Solution

5½ >jG -----t hok.kph okgd vl 'kdrkr-

mRrj % fo"keTojkP;k

6½ vefjd lkj[;k n'kkr -----tufjd vk"k/k okijyh tkrkr-

mRrj % 80 VDd

7½ -----g egRokp {k;fojk/kh vk"k/k okijy tkr-

mRrj % vk; l kuh>hM (Isoniazid)
